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MERRY CHRISTMAS

Message from Principal



Dear Friends in the Alumni of Salesian College,

The Season of Happy Holidays is here again. The inclusive nature of traditional greetings is noted. Acknowledging the faith and beliefs of the participants in a cultural forum inspires because it's a mode of preserving the diversity which is the foundation of Indian civilisation as Padmashree Prof GN Devy reminded us powerfully at the third of the Salesian Lecture Series 2022 he delivered at Sonada on 23 November 22. His own lifelong commitment to marginal linguistic communities and in mapping the languages spoken in India and are endangered was inspiring to all his listeners in all four venues - SCSC, SCS, Sikkim Central University and NBU between 21-24 November 22.

I would like to congratulate Nihal Sarkar the recipient of Gold Medal from Sikkim University for his Masters in Peace and Conflict Resolution Studies. Academic activity and especially pursuing research is something that is motivational for many, especially new generation of students.

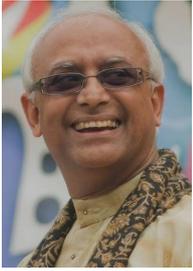
May we all prepare to wish good bye to 2022 with this sense of contentment and satisfaction arising from the good we have done individually and collectively as Alumni. My sincere appreciation for all who led the events - Promnight, Sports, Gift of Smile and other events. The coordinator and executive committee have shown much dedication in living up to the motto: flamma ardens et lucens - a flame that shines brightly (in order to enlighten and enliven)!

The Joys of the Season
Fr. George Thadathil sdb
Rector & Principal
Salesian College Siliguri and Sonada





New Era Dawns for Salesian College



Year 2022 has been absolutely eventful ushering in new era for Salesian College. Most auspicious was the date 11.11.22. It was on 11th November 2022 at the inauguration of the annual sports day in Siliguri that Vice Chancellor of University of North Bengal with additional charge of Darjeeling Hills University announced “Salesian College soon to be autonomous”. It was glad tidings, as we mark 22 years of Prof. George Thadathil as Principal of both colleges.

As 11th principal of Salesian College established in 1938 in Sonada, Darjeeling (Shillong 1933) Fr. Thadathil has been longest serving Principal of Salesian College. In May 2023, he is turning 60 years, hence, it is fitting that alumni of both Sonada and Siliguri come up with plans to mark the occasion in a very tangible and unforgettable manner!

Among the many achievements of his tenure are:

- 1) Opened Salesian College for non residential students
- 2) Started Siliguri campus in 2009
- 3) Introduced some 18 new courses and six COP
- 4) Served two terms in North Bengal University Court
- 5) National president of All India Association for Christian Higher Education (AIACHE)
- 6) Founding member of IUS (Istituto Universitario Salesiano, Rome)
- 7) Achieving Autonomous status for Salesian College
- 8) Starting Radio Salesian 90.8 FM - The Voice of the Hills
- 9) Pioneering Salesian Publications and Translation Centre

I am soliciting some of our illustrious / eminent alumni to come forward and form a core team to carry forward Thadathil Memorial Project. We shall soon hold an on-line brain storming session. Those of you who are inclined to be part of the core team may interact with me on Whats App

+91.9007626301 or cmpaul53@salesiancollege.net

Wishing you all a grace filled New Year 2023,

I remain

Fr C.M. Paul, SDB

Vice Principal (Sciences)

SCS Alumni Batch of 1975



Free Health and Dental Check up Camp



After a success of Gift of Smile Part-1, where the members collected funds and distributed clothes, stationary and food items to Unprivileged Children and people, another event was planned by the event heads under Gift of Smile which took place on 19th of November 2022 from 3 pm onwards in the college campus. Sidhant Agarwal, Subham Agrawal, Yadesh Prasad and coordinator Tanisha Kansal were present in the programme.

In today's fast paced day and age, people tend to compromise with their health. The fast paced way of living has become more of a lifestyle of sorts having followers ranging through diverse age groups. Be it Students or Office goers, everyone seems to have fallen a prey to the shallow way of living life. Most of them contribute by following an unhealthy regimen and compromise with self care for healthier and fit body of individuals. With the motive of promoting a healthy lifestyle, the Event Heads of Gift of Smile had organised a Free Health checkup camp with collaboration with Lions Club of Siliguri Sargam on November 19th, 2022. Doctor Rabi Shankar Agarwal (MBBS, DNB Consultant Physician) and Dr Nimisha Agarwal (BDS, MDS) were cordially invited by the Event Heads for the noble cause. The camp consisted of Normal check up, Dental Check up and Diabetic monitoring by Lions Club of Siliguri Sargam. The Doctors not only examined all the students and other faculty members but also gave them valuable insights on how to maintain a fit body with respect to today's day and age.



The event folded up with free health check up of all the children and parents who visited the camp. Food packets with juice were distributed. The team of Lions Club of Siliguri Sargam and Guest Doctors were facilitated by the Event Heads with a Memento. And were thanked for taking out their precious time for the noble cause. The free Health checkup Camp set by the Association was a huge success and of a great help to all who reaped the benefits of the programme.

Report by
Subham Agrawal
Secretary

Alumni Association Of Salesian College, Siliguri
Chapter



What is unfulfilled love, why is it so painful and how can you get over it?

Unfulfilled Love is the topic of many sad movies and love songs and with so many of us experiencing at some point of time or another. It's no wonder why loving someone who doesn't love you back hurts more than a break up but it's less talked about of heart breaks. Unfulfilled love is basically love you have for someone that isn't returned back. This can mean someone you're not with but you want to be with or it can also happen in a relationship that has become one-sided.

When you love someone who doesn't feel the same way, it can be confusing to understand why, particularly if you've expressed your affection - which can make things even more frustrating. If we have such strong feelings for someone else it may be hard to understand why they don't feel the same way about us. This type of love can also lead to feelings of rejection, which can make you doubt yourself and think you've done something wrong. This can really take a toll on your self-esteem. "People will often blame themselves for why they're not getting reciprocated love," I often hear things like, 'I'm not good enough, if only I was prettier or smarter they would be able to commit or show me love, and this can also create a lot of anxiety. We are chasing after something which we will be never able to reach, So we have feelings of loss which are the same as grief, "It hurts to mourn the loss of someone, whether a romantic relationship that never even started, or reaching the end of the road with a long term partner,"

Just like getting over a breakup, it's possible to get over unfulfilled love too. When you're wrapped up in how you feel about someone, it can be hard to see things from their point of view. But looking at things from a more positive perspective can be helpful, "This will allow you to be kind to yourself, knowing that there are other factors influencing what's going on; you are not being loved is not just because you're a terrible person." If you love someone from a far, you've probably created an idealised version of them - but it can help to see them for who they really are. Doing this will help you see their flaws and work towards knowing that they aren't the best person for you, If you're in a situation where your love isn't returned, set boundaries about the kind of commitment you expect. "The key to that is, if they can't meet your boundary, then you have to walk away," At the end of the day, our experiences make us who we are. Learning from unfulfilled love will help you to know yourself better, and to have a better idea of the love and care you deserve - which can only be a good thing.

To burn with desire and keep quiet about it is the greatest punishment we can bring on ourselves. There is nothing worse than knowing you want something, besides knowing you can never have it.

Subham Agrawal

SECRETARY

ALUMNI ASSOCIATION OF SALESIAN COLLEGE. SILIGURI CHAPTER



Campus



Salesian College Siliguri Campus organised the Annual Sports Meet on 11th November 2022. The chief guest of the day was Vice Chancellor of the University of North Bengal with Additional charge of Darjeeling Hill University Prof Om Prakash Mishra

The Jesus Youth Group organised a two-day Campus Meet, Fotizo, at Salesian College Siliguri from 5th to 6th November 2022. The event consisted of various sessions on Bible teaching, sharing of life changing experiences by youth leaders and action songs



The Department of Mass Communication and Journalism in collaboration with Sony, India and Spectrum School of Photography, Siliguri conducted a workshop on "Street Journalism and Documentation" on 7th November 2022.



The Dept. of Mass Communication and Journalism, SCSC organised a Special Lecture in the memory of their beloved teacher, Late (Mr.) Dipjyoti Das on November 16th 2022. Shri Subhrajyoti Kundu (HOD, Dept. of Mass Communication, NBU) was the guest speaker of the day.



On 26th November 2022 In collaboration with SPIC MACAY, a platform to bring the youth closer to Indian music, art and culture. Salesian College Siliguri campus has organised a cultural programme of Rajasthani folk dance. A tribal troop from Rajasthan travelled all the way from Rajasthan to perform in Salesian College.

Department of Commerce, Salesian College Siliguri campus had organised an annual flagship event Conoscenza, on 14th and 15th November 2022. The event focuses on the simulation of business and corporate environment for students to give them an experience of what goes on, in the real world.



**EXECUTIVE COMMITTEE MEMBERS
ALUMNI ASSOCIATION OF SALESIAN COLLEGE
SILIGURI CAMPUS**



**Fr. George Thadathil
Rector and Guide to
the EC Body**



**Ms. Tanisha Kansal
Coordinator**



**Mr. Siddhant Agarwal-
President**



**Mr. Subham Agarwal
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**Mr. Marsom Lepcha
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**Mr. Vikshit Bansal
EC Member**



**Mr. Karan Gupta
EC Member**



Merry Christmas



Salesian College
Sonada & Siliguri

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